

INTELLECTUAL DISABILITY

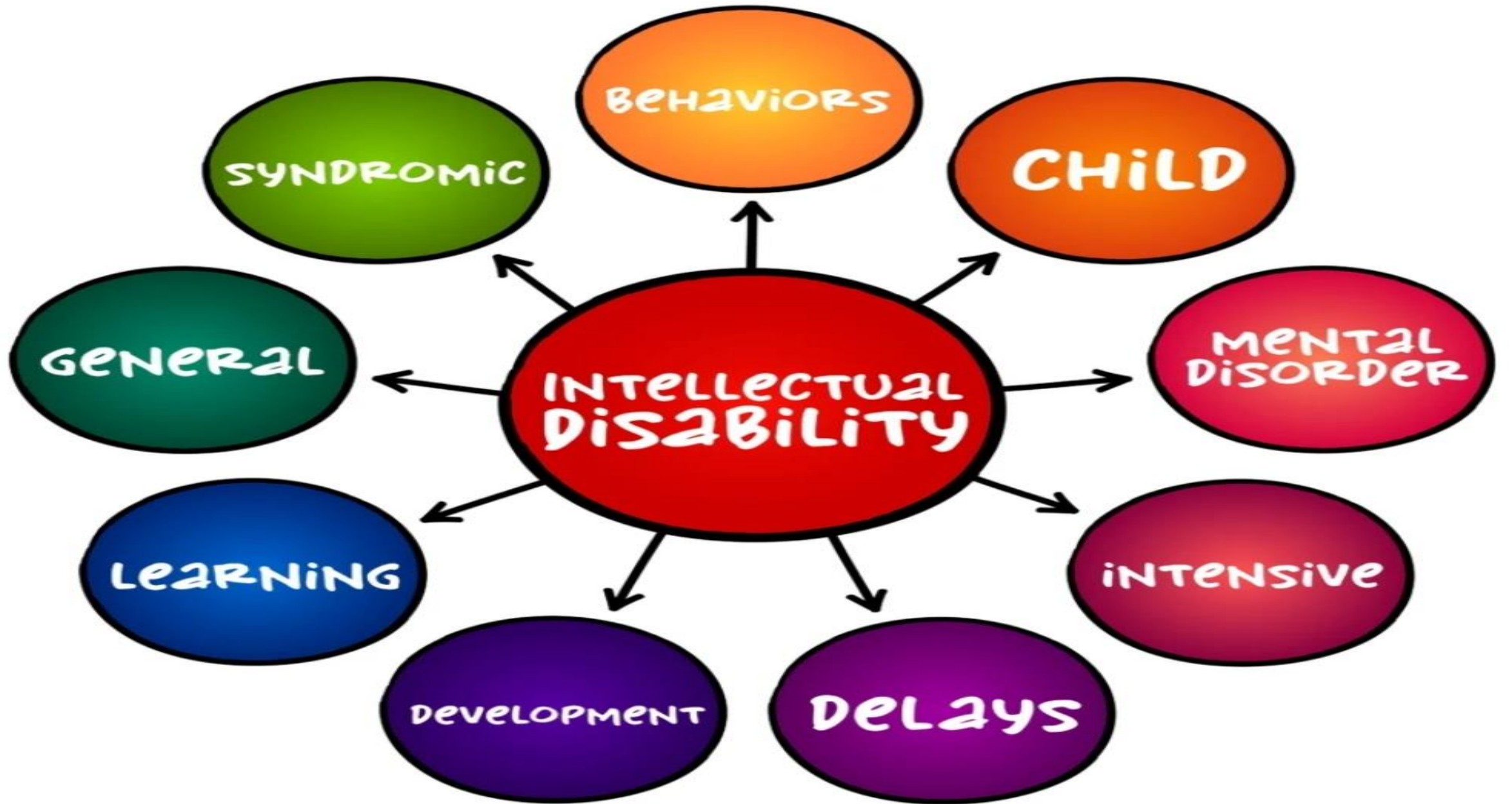
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INTELLECTUAL DISABILITY MEANING


- Intellectual disability is also sometimes known as cognitive disability.
- An intellectual disability is a neurodevelopmental that develops in childhood. It affects your capacity to learn and retain new information, and it also affects everyday behavior such as social skills and hygiene routines.
- People with this condition experience significant limitations with intellectual functioning and developing adaptive skills like social and life skills.

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- **Intellectual disability** occurs when a person has difficulty with general mental abilities. This may impact their:
 - **Intellectual functioning**, such as their learning, judgment, problem solving, abstract thinking, memory, reasoning, and academic skill.
 - **Practical functioning**, which refers to the ability to function and take care of oneself independently, such as performing personal care tasks, managing money, and performing work, school, or home tasks.
 - **Social functioning**, which refers to the ability to function normally in society by using skills such as social judgment, communication, understanding and following social rules and cues, understanding the consequences of one's actions, and making friends.




CAUSES


- Some common causes of intellectual disability include:
- certain genetic conditions, such as Downsyndrome, phenylketonuria or fragile x syndrome
- fetal alcohol syndrome
- congenital anomalies or brain malformations
- some infections, such as meningitis, measles or whooping cough.
- exposure to toxins such as mercury or lead.

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- Serious head injury
 - stroke
 - maternal disease, such as rubella, drug use, or infection during pregnancy
 - problems at birth, such as insufficient oxygenation.
 - extreme malnutrition.
 - insufficient medical care

SYMPTOMS

- There are a variety of signs and symptoms that a person with intellectual disability might experience. Generally, people with this condition tend to take longer to learn and develop intellectually than other people.
- Some common symptoms of intellectual disability include:
 - reaching developmental milestones — such as sitting up, crawling, walking, or talking — later than other children.
 - difficulty speaking or reading.
 - difficulty understanding or following social rules or cues.
 - difficulty understanding the results or consequences of their actions.

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- Difficulty solving problems, thinking logically, or thinking abstractly
 - difficulty planning or following schedules or routines
 - difficulty remembering things
 - difficulty letting others know their needs
 - difficulty understanding systems such as the need to pay for things, time, or how to use a phone
 - difficulty with social skills
 - a reduced ability to perform regular personal care, such as eating, getting dressed, or completing household tasks
 - limited functioning in one or more daily activities

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- An IQ test determines whether a person has an intellectual disability. IQ scores lower than 70 indicate an intellectual disability. The severity of the condition can range from mild to profound.
 - **Mild** intellectual disability: A majority of people with intellectual disability experience a mild to moderate form. They can learn practical life skills and function daily with minimal support. However, they might struggle to understand how things work and develop social skills.
 - **Severe** intellectual disability: With severe intellectual disability, your child might experience significant developmental delays. They need more support than children with mild intellectual disabilities and have limited communication skills.
 - **Profound** intellectual disability: Children with profound intellectual disability often find it especially difficult to communicate and have difficulty performing physical activities. They are also more likely to develop associated medical conditions. They typically require round-the-clock care and support.